



Walton Jr. Wrestling Uniform Information 2010 – 2011

The wrestling 'uniform' is basically 3 items: a singlet, headgear and shoes. Mouth Guards are mandatory for wrestlers with braces. Knee pads are completely at the wrestler's discretion.

Singlet

The registration fee includes a t-shirt and shorts, but does not include a singlet. Options for a singlet are as follows:

- Purchase a Walton team singlet - We have a very nice, custom Walton-branded, sublimated team singlet for \$65 (see below). **Please note the Walton team singlet is mandatory for wrestlers who will participate in Middle School dual events.**
- Purchase a stock singlet – If you decide not to purchase the Walton team singlet, you can buy a stock singlet from most online wrestling retailers. If you decide to buy a stock singlet, we recommend the Brute 'Okie' in Royal and White. This is an affordable, high quality singlet that we have used in prior years. The price is around \$30-\$32; with tax and shipping the total cost should be around \$35-\$40.
- Reuse your existing singlet – You are welcomed to use an existing singlet if you would like.

For the Walton team singlet or the Brute 'Okie' stock singlet, use the link below to the Brute singlet sizing chart should you need help to determine the correct size for your wrestler:

www.brute.com/sizechart.htm.

Shoes

Shoes are mandatory at practice and in all competitions. We have provided a recommendation below, but you are free to purchase the shoes of your choice.

Headgear

Headgear are mandatory in all competitions and recommended at practice. We have provided a recommendation below, but you are free to purchase the headgear of your choice.

Mouth Guards

Mouth Guards are mandatory for wrestlers with braces. We have provided a recommendation below, but you are free to purchase the mouth guard of your choice.





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Recommended Equipment

Below are recommendations for items to be purchased directly by each wrestler (except for the Walton team Singlet which is purchased from the team). We also recommend visiting Takedown Sportswear (www.takedownshop.com), official sponsor of Team Georgia Wrestling, for all your wrestling equipment needs.

- 1. Singlet:** **Recommended, Required for Middle School dual events**
Recommended: Walton Team Singlet (purchased from team)
 Brute Okie in Royal and White

- 2. Shoes:** **Required**
Recommended: ASICS Matflex GS (Jr), Adidas Extero (Jr)

- 3. Headgear:** **Required**
Recommended: Cliff Keen F5 Tornado / Youth F5 Tornado
 Cliff Keen F3 Twister / Youth F3 Twister
Color: Translucent/Royal/Royal

- 4. Mouth Guard:** **Required for wrestlers with braces**
Recommended: Shock Doctor Braces

- 5. Knee Pads:** **Optional**
Recommended: ASICS, Brute, Cliff Keen or similar